

*Wichita Mountain*  
*Neurosurgery*  
*& Spine*

by David M. Pagnanelli, M.D.

### **Going Home After Ulnar Nerve Surgery**

1. The local anesthetic may last 4-8hrs. Therefore, you may feel numbness in your arm and hand for that length of time.
2. As the anesthetic wears off your elbow will become painful
3. Keep your arm elevated on a couple of pillows as often as you can.
4. You will be sent home with some ice on your elbow. Try to ice the area often for the first several days.
5. Wear the sling if it's comfortable. I prefer that you didn't wear it all of the time. It's best if you straighten and bend your elbow often to prevent scarring around the nerve.
6. You can expect some pain, and should use the pain medication prescribed, if you need it.
7. Take the bandage off after 72 hours. You may shower at this point.
8. I'd like to see you in my office about one week after your surgery. Your sutures (clips) will removed at that time.
9. I will see you again three weeks after that visit.
10. You can expect the soreness and swelling of the elbow to take a few more weeks to completely resolve.

#### **Office Hours**

Our office hours are **Monday through Friday from 8:30 AM to 4:30 PM**. We ask that you call between these hours with your questions, concerns, prescription refill requests, etc. As a surgeon, I am frequently in the operating room and therefore unable to be available during all office hours.

#### **Prescriptions**

All prescription refills and changes must be requested during office hours. We advise patients to monitor their need for refills so that refill requests can be made during your office visit.

#### **Emergencies**

We understand that emergencies arise. If you feel that it is absolutely necessary to speak with your doctor during non-office hours, our answering service is available, by simply dialing our office telephone number listed below. **We ask that this service be reserved only for emergencies.**

**5604 SW Lee Blvd  
Suite 357  
Lawton, Oklahoma 73527  
580-531-4600**